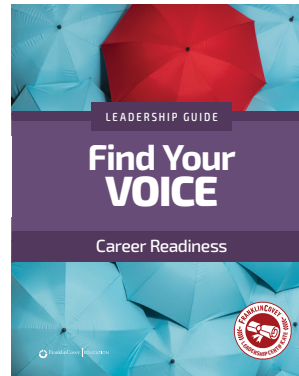
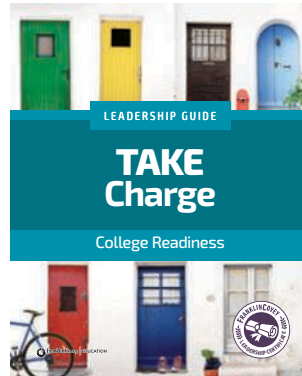
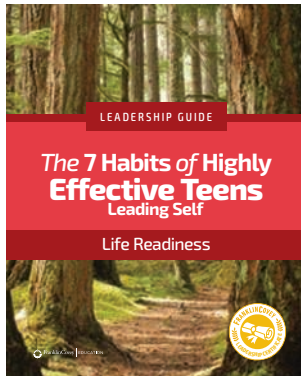


Immersive Leadership Pathways

As globalization and automation continue to challenge how we live and learn, we must provide the opportunities for all to be successful, beyond academia.

Leadership Pathways can be used alone, or as a component of a Youth and Young Adult Leadership Development Journey.



LIFE READINESS	*COLLEGE READINESS	*CAREER READINESS	*LEADERSHIP READINESS
<i>*prerequisite</i>			
✓ Responsibility ✓ Initiative ✓ Personal Vision ✓ Self-Discipline ✓ Time Management ✓ Wellness ✓ Relationships ✓ Communication ✓ Valuing Differences ✓ Collaboration ✓ Emotional Intelligence	✓ Goal Achievement ✓ College Test Prep ✓ College Applications ✓ Study Skills ✓ Weekly Planning ✓ Financial Literacy ✓ Living Away from Home ✓ Roommates ✓ Health and Fitness	✓ Interview Skills ✓ Presentation Skills ✓ Listening Skills ✓ Using Feedback ✓ Emotional Control ✓ Resume Writing ✓ Digital Etiquette ✓ Creativity ✓ Networking	✓ The 4 Roles of Great Leaders ✓ Leading Projects ✓ Mentoring ✓ Group Dynamics ✓ Meeting Management ✓ Decision Making ✓ Leading at Home ✓ Communication ✓ Innovation ✓ Leading Work Teams

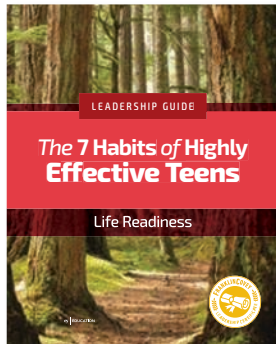


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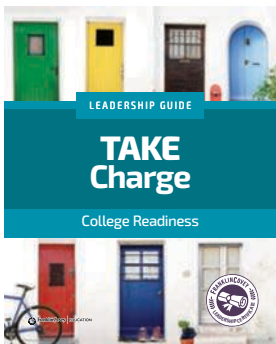
Youth Leadership Pathways

START WITH *LIFE READINESS* AND CONTINUE YOUR LEADERSHIP JOURNEY...



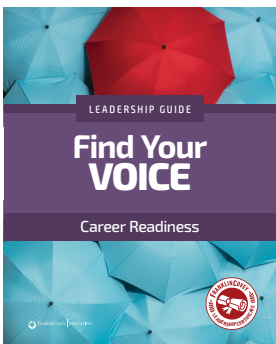
THE 7 HABITS OF HIGHLY EFFECTIVE TEENS®: Life Readiness

This Pathway applies the timeless principles of the 7 Habits® to the tough issues and life-changing decisions that Youth face daily. This framework helps Youth improve self-image, build healthy friendships, achieve their Wildly Important Goals, and navigate challenges around social media, bullying, relationships, and changing family dynamics.



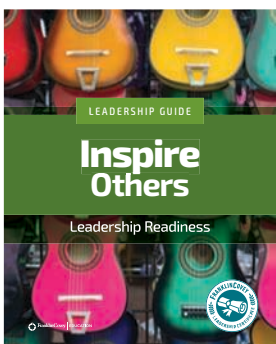
TAKE CHARGE: College Readiness

This Pathway empowers Youth to survive and thrive in a new collegiate environment. Using principles from *The 7 Habits®* and *The 5 Choices®* students will take charge of their emotional health, learn to use their time efficiently, build communication and productivity skills, manage finances, and shape their campus experience, accelerating their transition into early adulthood.



FIND YOUR VOICE: Career Readiness

This Pathway will enable Youth to see their present worth and future potential. They will learn and apply practical skills for career and life success. These include interpersonal competencies in one-on-one interactions, as well as digital and workplace communication. Youth will discover the mindset needed to engage and innovate in today's dynamic global market.



INSPIRE OTHERS: Leadership Readiness

In this Pathway, Youth will use the principles behind *The 4 Roles of Great Leaders* and in *The Speed of Trust™* to become leaders of self and others. Youth will practice and apply strategies to build consensus, create and empower functional teams, implement appropriate structures and processes, and manage projects through to completion.



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Introduction to The **7** HABITS of Highly Effective TEENS

Life Changing Journey for the Teenage Years

Life for Youth today is no longer a playground. It's a jungle out there, with tough choices, peer pressure, personal insecurities, and anxiety about what others think. Then consider feelings of depression, inferiority, and jealousy of others' successes, plus self-destructive behaviors such as drugs, pornography, and gangs.

Keep Hope Alive!

Provide our next generation of Leaders with a step-by-step framework for boosting self-image, building friendships, resisting peer pressure, achieving goals, improving communication and relationships and much more. The 7 Habits build upon each other and foster behavioral change and improvement from the inside, out.

Give youth and young adults a set of proven tools to deal successfully with real life. Empower youth and young adults to take responsibility of their own lives and achieve and maintain effective, healthy relationships.

Characteristics of Resilient, Successful Teens

The 7 Habits of Highly Effective Teens are essentially seven characteristics that resilient and successful teens the world over have in common. Habits 1, 2, and 3 deal with self-mastery, called the "private victory." Habits 4, 5, and 6 deal with relationships and teamwork, or the "public victory." The last habit, Habit 7, is the habit of renewal - mind, heart, body, and spirit - that feeds all the other six habits.



Habit 1: Be Proactive®

Take responsibility for your life.

Habit 2: Begin with the End in Mind®

Define your mission and goals in life.

Habit 3: Put First Things First®

Prioritize, and do the most important things first.

Habit 4: Think Win-Win®

Have an "everyone-can-win" attitude.

Habit 5: Seek First to Understand, Then to Be Understood®

Listen to people sincerely.

Habit 6: Synergize®

Work together to achieve more.

Habit 7: Sharpen the Saw®

Renew yourself regularly.

The 7 Habits of Highly Effective Teens Can Help Youth

- Gain greater control of their lives.
- Improve relationships with family and friends.
- Increase self confidence and self-esteem.
- Make smarter decisions.
- Define their values and what matters most to them.
- Recognize and prioritize their goals.
- Find balance between school, work, friends, and everything else.



Introduction to The 7 Habits of Highly Effective Teens

Instructional Strategy and Purpose

Habits 1, 2, and 3 is the Private Victory. They deal with “self.”
You must have your personal self together before you can be a good team player.

Habits 4, 5, and 6 deal with the Public Victory—relationships and teamwork.

Get in the Habit

- ⇒ Welcome and Introductions
- ⇒ Habits
- ⇒ Effectiveness
- ⇒ The 7 Habits Overview

Purpose:

- Create a personal interest in and commitment to active involvement.
- Learn the definitions of habits and effectiveness.
- Understand the difference between the Private Victory® and the Public Victory®.
- Familiarize yourself with the names of the 7 Habits.

Personal Bank Account

- ⇒ Changing from the Inside Out
- ⇒ Personal Bank Account

Purpose:

- Understand the importance of changing from the inside out.
- Understand the Personal Bank Account (PBA) and identify deposits you can make in your PBA.

The first three habits build on each other. Habit 1 says, “You are the driver, not the passenger.” Habit 2 says, “Decide where you want to go and draw a map to get there.” Habit 3 says, “Get there! Don’t let roadblocks knock you off course.”





Habit 1: Be Proactive®

Until you feel you are in charge of your own life, nothing else is really possible.

- ⇒ Introduction to Habit 1: Be Proactive
- ⇒ Reactive/Proactive Behaviour
- ⇒ Pause, Think, Do

Purpose:

- Know the difference between reactive and proactive behavior.
- Understand you have the power to choose your response in any given situation.
- Learn the skill to “Pause, Think, and Do.”
- Understand that the only thing you can control is yourself.

Habit 2: Begin with the End in Mind®

Habit 2 helps develop a clear picture of where you want to go with your life, deciding what your values are, and setting goals to get there.

- ⇒ Introduction to Habit 2: Begin with the End in Mind
- ⇒ Begin with the End in Mind
- ⇒ Mission Statement

Purpose:

- Understand how knowing what’s important will help form a vision of where you want to be in the future.
- Feel empowered to write your own Personal Mission Statement® as a follow-up to the “Great Discovery” activity.

Habit 3: Put First Things First®

Habit 3 is the habit of willpower (the strength to say yes to your most important things) and “won’t power” (the strength to say no to less important things).

- ⇒ Introduction to Habit 3: Put First Things First
- ⇒ Big Rocks/Steps to Planning
- ⇒ Setting SMARTER Goals
- ⇒ Planning for Improvement
- ⇒ Prioritizing Your Time





Purpose:

- Understand what your roles are and how difficult it can be to balance them.
- Learn how to determine what your big rocks are.
- Practice the steps to planning in your agenda.

Relationship Bank Account

⇒ Relationship Bank Account

Purpose:

- Understand the Relationship Bank Account (RBA) and identify deposits you can make in others' RBAs.

Habit 4: Think Win-Win®

Habit 4 It all begins with you. Once you're secure with yourself, you can open yourself up to be the same with others.

⇒ Introduction to Habit 4: Think Win-Win

⇒ The Four Paradigms

Purpose:

- Understand the four paradigms.
- Learn how to operate from a win-win paradigm.

Habit 5: Seek First to Understand, Then to Be Understood®

Habit 5 is about listening first and talking second. It's about seeing things from another person's point of view.

⇒ Introduction to Habit 5: Seek First to Understand, Then to Be Understood

⇒ How We Communicate

⇒ Genuine Listening

⇒ Mirroring

⇒ Communicating With Adults

Purpose:

- Understand the ways of communication.
- Learn more effective communication skills.





Habit 6: Synergize®

Habit 6 is about valuing and celebrating differences. It's about knowing that two or more people can work together to create better solutions than any one person could alone.

- ⇒ Introduction to Habit 6: Synergize
- ⇒ Getting to Synergy

Purpose:

- Understand that synergy comes when we begin to celebrate the differences in others.
- Practice getting to synergy through the use of the Getting to Synergy Action Plan.

Habit 7: Sharpen the Saw®

Habit 7 emphasizes the importance of balance. It encourages you to regularly strengthen yourself in the four dimensions of life—your body, brain, heart, and soul.

- ⇒ Introduction to Habit 7: Sharpen the Saw
- ⇒ The Four Dimensions

Purpose:

- Learn how renewing yourself in all of the four dimensions will impact your life for good.
- Understand that you can combine activities from the different dimensions to make this renewal seem more manageable.

Keep Hope Alive

Have the desire to move forward and make changes in your life.

Making small changes every day will bring great results quickly. Remind yourself of your commitments often and let them inspire you, not send you on a guilt trip. Remember that everyone makes mistakes and gets off course sometimes. If you keep coming back to your plan, you'll eventually reach your destination!

