

Modeling Authentic Leadership



We all model leadership all of the time (whether we want to or not!) because, as humans, we watch to learn.

We can embrace this as both a great privilege and a big responsibility. Let's consider how our intentional choice to model can help students with the challenges we know they face. Journal or discuss with an Accountability Partner to boost your learning.

Common Challenges for Secondary Students

Select a common challenge.

- Time management and organization
- Academic pressure
- Peer relationships and social support
- Stress
- Mental health
- College, career, and future planning
- Access to resources or support
- Bullying
- Inclusion and belonging
- Peer pressure
- Confidence and self-esteem
- Finances
- Motivation
- Family or caregiver expectations
- [Choose an alternate situation with a student to explore.]

Ways to Model Leadership

Select one way to model leadership.

- Strive to be consistent and intentional in demonstrating leadership in personal and professional opportunities.
- Model Empathic Listening as students share their challenge
- Think aloud when faced with challenges or obstacles.
- Invite a class discussion for peer mentorship.
- Ask students to reflect with powerful questions.
- Share a story about a time you struggled and overcame an obstacle.
- Demonstrate lifelong learning and a commitment to personal growth.
- [Choose a modeling strategy not listed above.]

The 7 Habits of Highly Effective People®

Select one of the highly effective practices of the 7 Habits® to further support your own learning and modeling choice.

- Pause and respond based on principles and desired results.
- Use Proactive language.
- Focus on your Circle of Influence®.
- Become a Transition Person.
- Define outcomes before you act.
- Create and live by a personal mission statement.
- Focus on your highest priorities.
- Eliminate the unimportant.
- Plan every week.
- Stay true in the moment of choice.
- Build your Emotional Bank Account with others.
- Have an Abundance Mentality.
- Balance courage and consideration.
- Consider other people's wins as well as your own.
- Create Win-Win Agreements.
- Practice Empathic Listening.
- Respectfully seek to be understood.
- Value differences.
- Seek 3rd Alternatives.
- Achieve the Daily Private Victory.
- Use the [7 Habits Practice Cards](#) for additional learning.